



Career Report for Graduates

Shapeinlife

Report Prepared for

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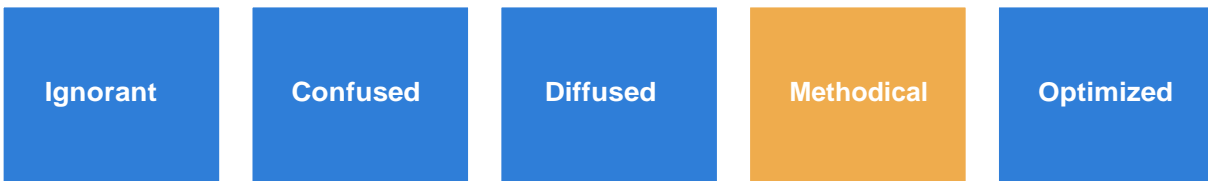
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Profiling

Your Profiling

Personal profiling is the first step in career planning. The purpose of profiling is to understand your current career planning stage. It will help decide your career objective and roadmap. The ultimate aim of the planning is to take you from the current stage of career planning to the optimized stage of career planning. Personal profiling includes information about your current stage, the risk involved and action plan for your career development.

Current Stage of Planning



Methodical

Methodical: You are at the methodological stage in career planning. We understand that you are having enough resources and information about career planning. You have better idea of your career options and career path. But you are in need of concrete plan to achieve the goal. Mostly career decisions are planned.

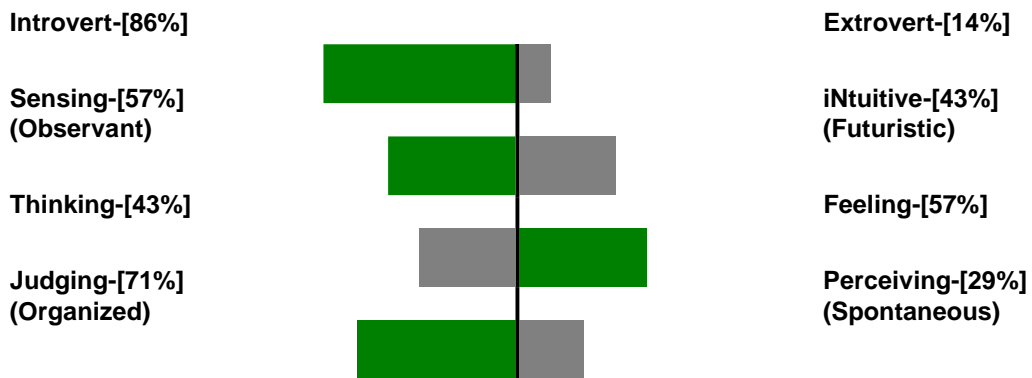
Risk Involved: Wastage of time, unnecessary stress.

Action Plan : Prepare realistic execution Plan > Timely reviews of action Plan > Believe in yourself

Result of the Career Personality

Personality Assessment will help you understand yourself as a person. It will help you expand your career options in alignment with your personality. Self-understanding and awareness can lead you to more appropriate and rewarding career choices. The Personality Type Model identifies four dimensions of personality. Each dimension will give you a clear description of your personality. The combination of your most dominant preferences is used to create your individual personality type. Four dimensions of your personality are mentioned in this chart. The graph below provides information about the personality type you belong to, based on the scoring of your responses. Each of the four preferences are based on your answers and are indicated by a bar chart.

Personality Type: **Introvert:Sensing:Feeling:Judging**



Analysis of Career Personality

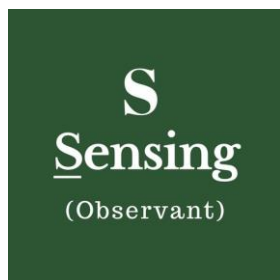
Your Career Personality Analysis

Where do you prefer to focus your energy and attention?



- You mostly get your energy from dealing with ideas, pictures, memories and reactions which are part of your imaginative world. You are quiet, reserved and like to spend your time alone. Your primary mode of living is focused internally.
- You are passionate but not usually aggressive. You are
- a good listener.
- You are more of an inside-out person.
-

How do you grasp and process the information?



- You mostly collect and trust the information that is presented in a detailed and sequential manner.
- You think more about the present and learn from the past. You like to see the practical use of things and learn best from practice. You notice facts and remember details that are important to you.
- You solve problems by working through facts until you understand the problem.
- You create meaning from conscious thought and learn by observation.
-

How do you make decisions?



- You seem to make decisions based on your values or the feelings of others involved.
- You seem to be ruled by your heart instead of your head. In your relationships, you appear caring, warm, and tactful.
- You look for what is important to others and express concern for others.
- You tend to judge situations and others based on feelings and circumstances.
- You seek to please others and want to be appreciated.

Analysis of Career Personality

Your Career Personality Analysis

How do you prefer to plan your work ?



- You prefer a planned or orderly way of life. You
- like to have things well-organized.
- Your productivity increases when working with structure. You are
- self-disciplined and decisive.
- You like to have things decided and planned before doing any task. You seek closure and enjoy completing tasks. Mostly,
- you think sequentially.
-

Your strengths



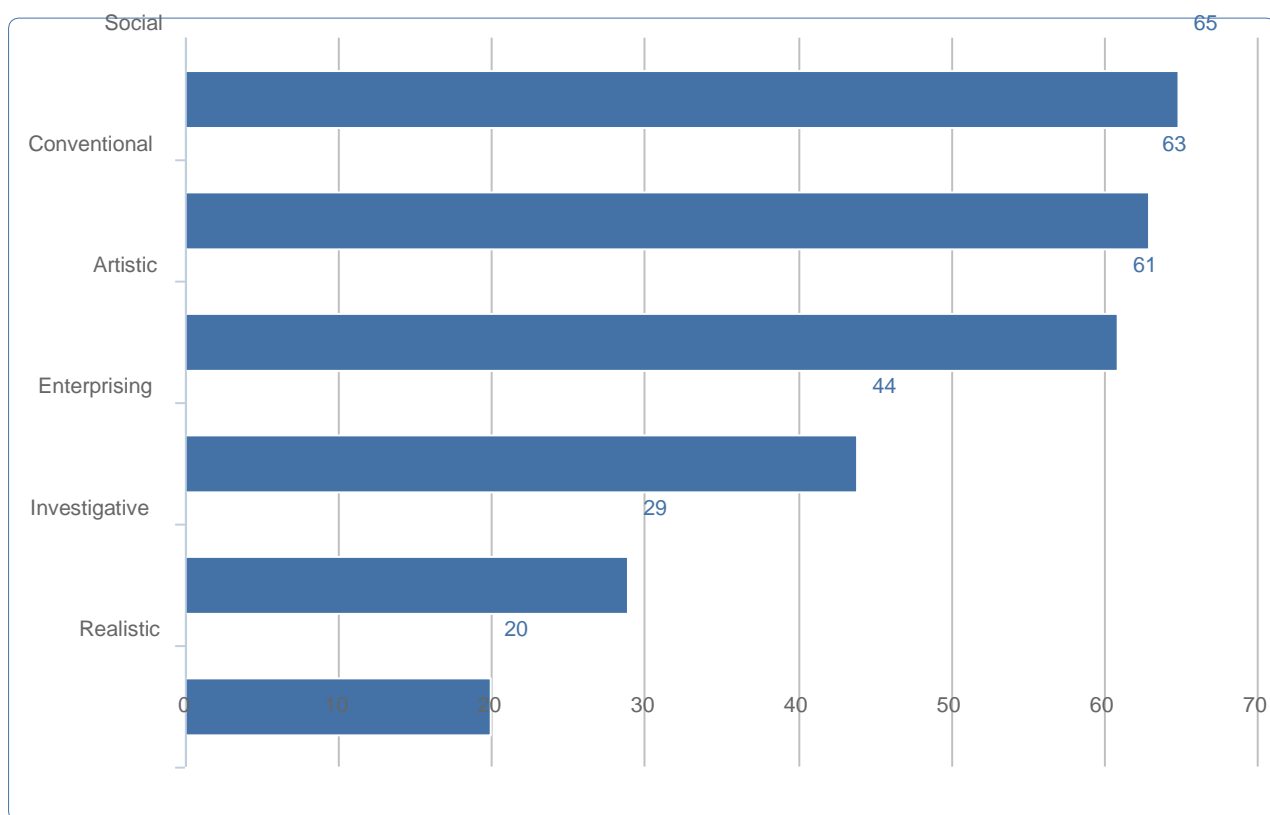
- Friendly and affirming
- Helpful and supportive
- Reliable and responsible
- Well-organized Excellent
- practical skills Committed
- and loyal
- Imaginative and observant

Result of the Career Interest

Your Career Interest Types

The Career Interest Assessment will help you understand which careers might be the best fit for you. It is meant to help you find careers that you might enjoy. Understanding your Top career interest will help you identify a career focus and begin your career planning and career exploration process.

The Career Interest Assessment (CIA) measures six broad interest patterns that can be used to describe your career interest. Most people's interests are reflected by two or three themes, combined to form a cluster of interests. This career interest is directly linked to your occupational interest.



Analysis of Career Interest

Your Career Interest Analysis

Social-HIGH



- You are humanistic, idealistic, responsible and concerned with the welfare of others.
- You enjoy participating in social activities, helping, training or counselling others.
- You communicate in a warm, cheerful, tactful manner and can be persuasive.
- You like to solve problems through discussions and utilize interpersonal skills.
- You are cooperative, friendly, generous, helpful and idealistic.
- You like to work with people.

Conventional-HIGH



- You are efficient, careful, conforming, organized and conscientious.
- You are organized, detail-oriented and do well with manipulating data and numbers.
- You are persistent and reliable in carrying out tasks.
- You enjoy working with data, details and creating reports You
- prefer working in a structured environment.
- You like to work with data, and you have a numerical or clerical ability.

Artistic-MEDIUM

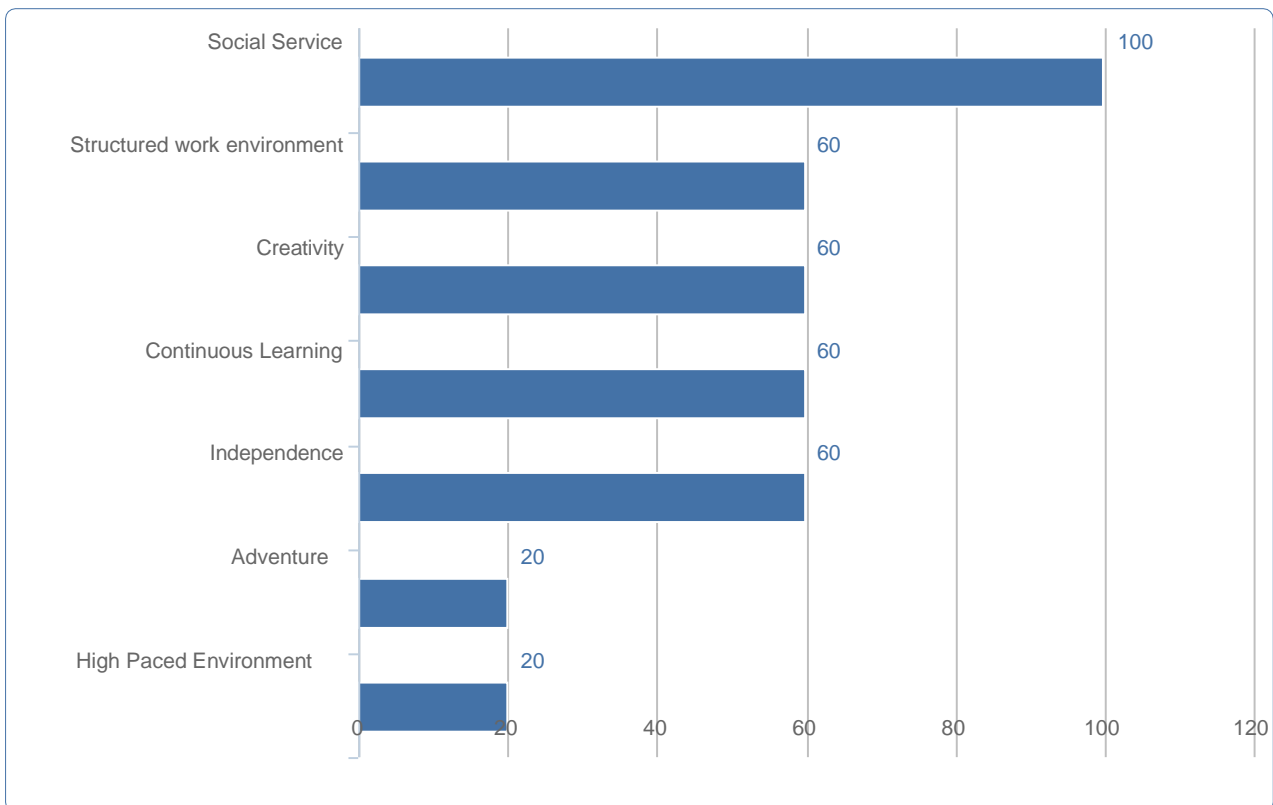


- You are imaginative and enjoy creative activities.
- You encourage originality and use of the imagination in a flexible, unstructured setting.
- You are generally impulsive and emotional.
- You tend to communicate in a very expressive and open manner. You seek opportunities for self-expression through artistic creation.
- You prefer working with self-expressive ideas.
-

Result of the Career Motivator

Your Career Motivator Types

Values are the things that are most important to us in our lives and careers. Our values are formed in a variety of ways through our life experiences, our feelings and our families. In the context of Career Planning, values generally refer to the things we value in a career. Being aware of what we value in our lives is important because a career choice that is in-line with our core beliefs and values is more likely to be a lasting and positive choice



Analysis of Career Motivator

Your Career Motivator Analysis

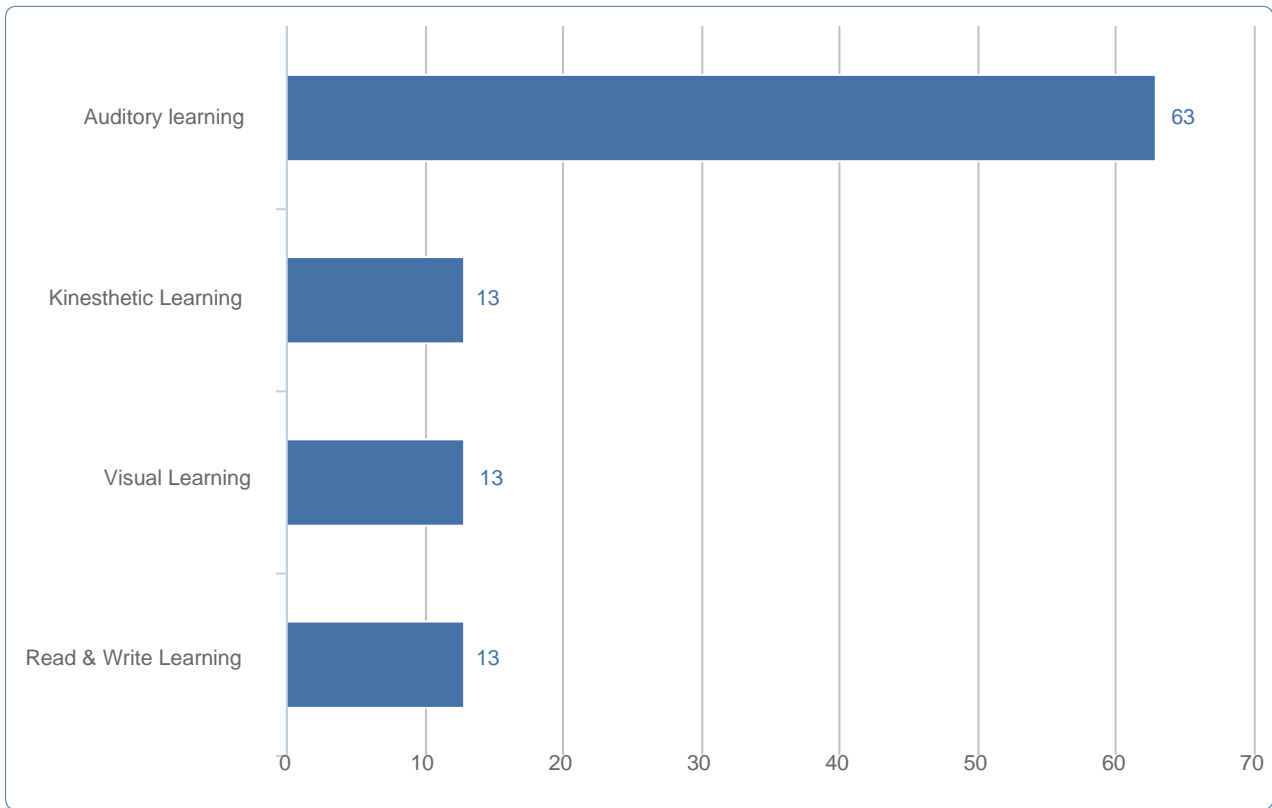
Social Service-HIGH

 Social Service

- You like to do work which has some social responsibility. You like
- to do work which impacts the world.
- You like to receive social recognition for the work that you do.

Result of the Learning Style **Your**

Learning Style Types



Analysis of Learning Style

Your Learning Style Analysis

Auditory learning style

- These individuals learn best through verbal lessons, discussions, talking things through and listening to what others have to say.
- Auditory learners interpret the underlying meaning of speech through listening to the voice tone, pitch and speed.
- These learners often benefit from reading the text and notes out loud and/or listening to recorded notes and information from texts.

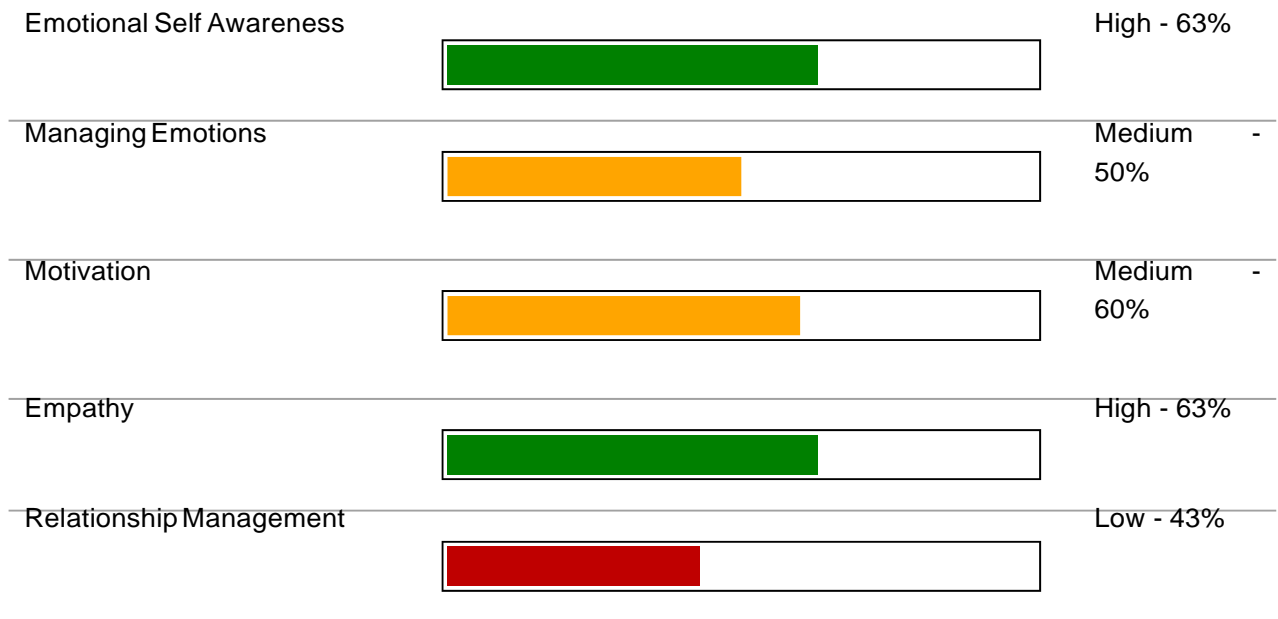
Learning improvement strategies

- Work in groups or with a study partner; i.e. discussions: listening, talking. Review
- assignments and text reading before class.
- Read notes and text out loud.
- Recite information that is important to remember.
- Record notes, key information and lectures; listen to recordings regularly. Use audio
- books/convert books into audios.
- Mathematical/technical information.
 - a.State the problem out loud
 - b.Think through a process or sequence of steps: write out, then read out loud c.Discuss questions/problems in a group or with a study-buddy

Result of the EQ

Your EQ Types

Emotional intelligence indicates our ability to understand and make sense of our emotions both within ourselves and in our relationships with others. Candidates who demonstrate high levels of EI are better at understanding themselves and others, making confident decisions and expressing their views.



Analysis of EQ

Your EQ Analysis

Emotional Self Awareness

- Self-Awareness is the ability to recognize and understand your moods, emotions and drives, as well as their effect on others.
- Your result indicates that your emotional self-awareness level is Very high. You know how your emotions affect your behaviour and performance. You see yourself as others see you, and have a good sense of your abilities and current limitations.

Managing Emotions

- Emotions self-management is your ability to manage stress, stay honest, take responsibility for your performance & behaviour, handle change, be open to new ideas.
- Your result indicates that your emotional self-management level is medium. You are not always able to manage your emotions, impulsive feelings and behaviours. Sometimes you find it challenging to adapt to changing circumstances.

Recommendations

- You can engage in activities that allow you to get in touch with your emotions (e.g. writing in a journal, meditating, etc.).
- When you are angry or anxious breath right and Count to Ten. Prepare an
- emotion vs reason checklist.

Motivation

- Motivation is your ability to constantly try to improve, align yourself with the goals of a group, be ready to act on opportunities, pursue goals persistently despite setbacks.
- Your result indicates that your motivation level is medium. You are not always able to motivate yourself. Lack of motivation and enthusiasm can show up at home, at work and in relationships. Sometimes it creates indifference, unhappiness and dissatisfaction.

Analysis of EQ

Your EQ Analysis

Recommendations

- When you are feeling down, remind yourself to focus on the good things. Learn something new daily.
- Grab a pen and paper and write your goals where you want to be and set some targets for yourself.

Empathy

- Empathy indicates your ability to recognize how people feel, anticipate other's needs, work with many different types of people, understand why others act in specific ways.
- Your result indicates that your empathy level is Very high. You have a unique ability to understand the emotions, needs, and concerns of other people.

Relationship Management

- Relationship management indicates your ability to communicate clearly, influence & lead others, cause positive change, manage conflicts, build bonds with others by cooperating. Your result indicates
- that your relationship management ability is low. You are not likely to feel very comfortable and at ease with people. Mostly you find it difficult to build a relationship with others and prefer to work independently.

Recommendations

- Enhance your natural communication style. Be open and curious to dialogue not debate. Work to build trust

Skills and Abilities

Your Skills and Abilities

The skills & abilities scorings will help us to explore and identify different ways to reshape your career direction. This simple graph shows how you have scored on each of these skills and abilities. The graph on the top will show the average score of your overall skills and abilities.

Poor 0-20%	Fair 21-40%	Average 41-60%	Good 61-80%	Excellent 81-100%
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Numerical Ability

- ✓ Your numerical skills are average.
- ✓ Numeracy involves an understanding of numerical data and numbers.
- ✓ Being competent and confident while working with numbers is a skill, that holds an advantage in a wide range of career options.

**Average -
47%**



Logical Ability

- ✓ Your logical skills are good.
- ✓ Logical thinking is very important for analytical profiles.
- ✓ Being able to understand and analyze data in different formats is considered an essential skill in many career options.

Good - 80%



Verbal Ability

- ✓ Your communication skills are good.
- ✓ Good verbal and written communication helps you to communicate your message effectively.

Good - 80%



Skills and Abilities

Your Skills and Abilities

Clerical and Organizing Skills

- ✓ Your organizing & planning skills are average.
- ✓ It includes general organizing, planning, time management, scheduling, coordinating resources and meeting deadlines.

**Average -
50%**



Spatial & Visualization Ability

- ✓ Your visualization skills are good.
- ✓ This skill allows you to explore, analyze, and create visual solutions.
- ✓ It is important in many academic and professional career fields.

Good - 70%



Leadership & Decision making skills

- ✓ Your leadership & decision-making skills are good.
- ✓ It includes strategic thinking, planning, people management, change management, communication, and persuasion and influencing.
- ✓ These skills allow you to make decisions quickly, adapt to changing scenarios and respond to opportunities promptly.

Good - 80%



Skills and Abilities

Your Skills and Abilities

Social & Co-operation Skills

- ✓ Your social and cooperation skills need improvement.
- ✓ Social skills are important because they help you build, maintain and grow relationships with others.
- ✓ This skill is beneficial in the service industry and social causes.

Poor - 20%



Mechanical Abilities

- ✓ The score indicates that your mechanical ability is average.
- ✓ This section evaluates your basic mechanical understanding and mechanical knowledge.
- ✓ This skill is required for many career options like engineering and mechanical services.

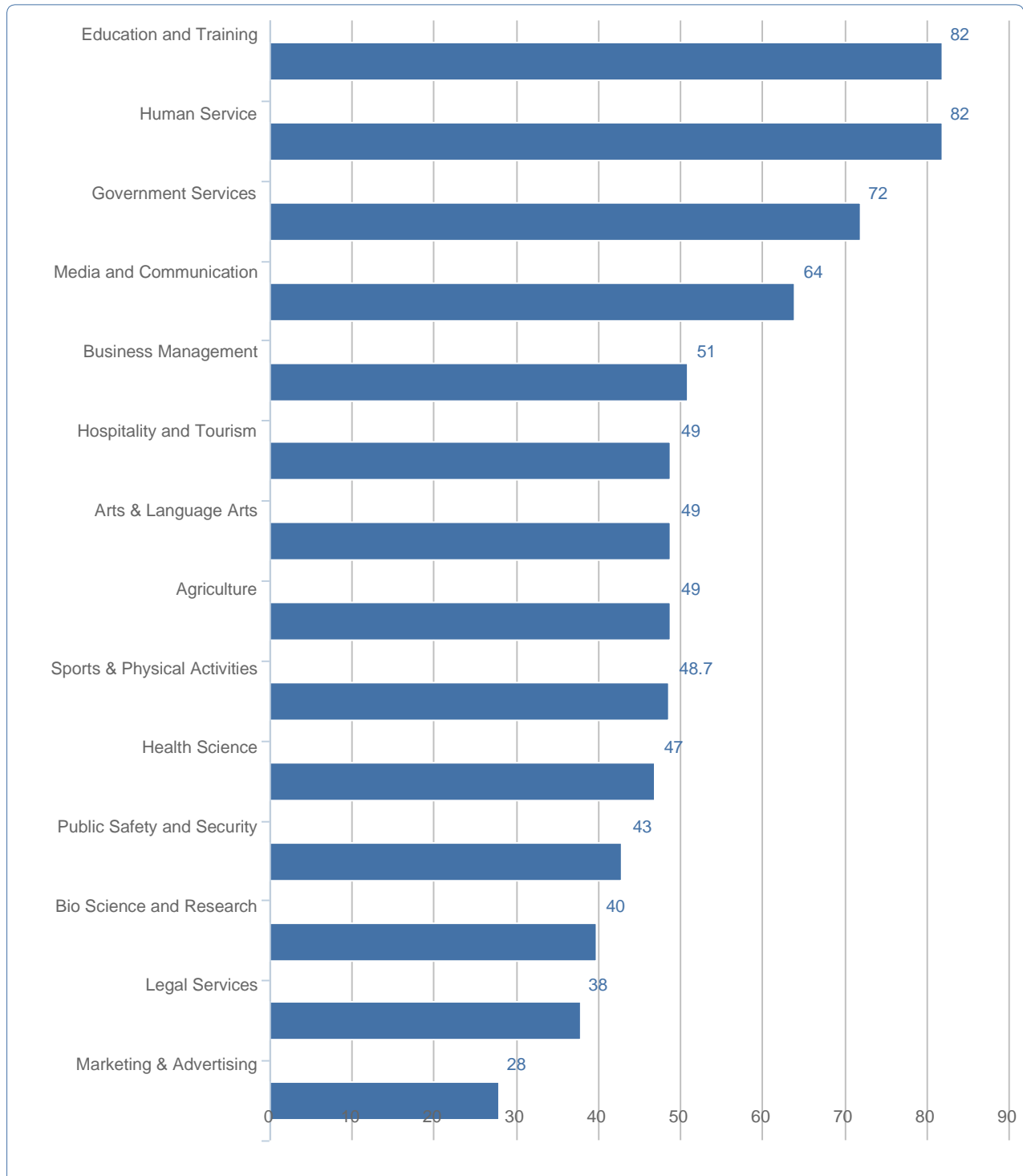
Average - 60%



Career Clusters

Your Career Clusters

Career Clusters are groups of similar occupations and industries that require similar skills. It provides a career road map for pursuing further education and career opportunities. They help you connect your Education with your Career Planning. Career Cluster helps you narrow down your occupation choices based on your assessment responses. Results show which career clusters would be best to explore. A simple graph report shows how you have scored on each of the career clusters.



Top Career Clusters

Your Top 4 Career Clusters

Education and Training

- ✓ Education and training professionals involved in guiding and training people.
- ✓ Planning, managing and providing education and training services, and related learning support services.
As a teacher, you could influence young lives.
- ✓ You could also support the work of a classroom teacher as a counselor, librarian or principal.
- ✓

Human Service

- ✓ Human services professionals help individual and families meet their personal needs.
- ✓ You might work in a government office, hospital, nonprofit agency or independent counselor.
- ✓ You will be involved in social support and social activities.
- ✓

Government Services

- ✓ Government and public administration workers help pass and enforce the law. You could work in national, state, or local government.
- ✓ You will find almost every type of occupation within the government, including some jobs that are only found within government.
- ✓ You might inspect new or remodelled buildings for safety, help people file the paperwork for a license, or create proposals for urban development.

Top Career Clusters

Your Top 4 Career Clusters

Media and Communication

- ✓ Media studies graduates typically enter careers in the media, cultural and creative industries. Areas of work include television and radio, film and video, digital media, computer games, journalism, writing and publishing, PR and media practice.
- ✓ Journalism is a part of Mass Communication but Mass Communication isn't a part of Journalism.
- ✓ Provide information of current happenings in the society.
- ✓














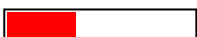




Career Path

Your Career Paths

Recommendations for you				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Home Science - Human Service Healthcare Industry, Teaching and Research	Very High:92 	Average:57 	Good Choice
2	Editor, Copy-writer - Media and Communication Editor, news writer	Very High:90 	Very High:80 	Top Choice
3	Counselling Psychology - Human Service Career Counsellor, Behavioural Counsellor, relationship Counsellor	Very High:85 	Average:50 	Good Choice
4	Sociology - Human Service Social Worker, Human Rights Worker, N.G.O Volunteer	Very High:83 	Average:50 	Good Choice
5	Clinical Psychology - Human Service Depression Counselling, Anxiety	Very High:83 	Average:50 	Good Choice
6	Nurse & Medical Assistant - Health Science Nurse, Assistant	Very High:82 	Low:20 	Develop
7	Professor - Education and Training College Professor, Trainer	Very High:81 	Average:59 	Good Choice
8	Secondary Teacher - Education and Training Secondary Teachers, School Principal	Very High:80 	Average:43 	Good Choice
9	School Teaching - Education and Training School Teacher, Primary Teacher	Very High:77 	Average:40 	Good Choice



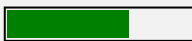








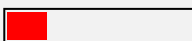
Career Path

Your Career Paths

Recommendations for you				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
10	Physical trainer/ Coach - Sports & Physical Activities Physical Trainer, Coach,	High:73 	High:60 	Good Choice
11	Creative Writer - Arts & Language Arts Creative writer, Story teller	High:71 	Average:57 	Good Choice
12	Human Resources - Business Management HR Manager, Recruiter, Trainer	High:70 	High:60 	Good Choice
13	Civil Administrative Services - Government Services IAS Officer, IFS Officer other Administrative services	High:68 	High:62 	Good Choice
14	Dietitian - Health Science Dietitian, Nutrition Expert	High:68 	Average:45 	Good Choice
15	Interpreter & Translator - Arts & Language Arts Foreign Language Interpreter, Language Translator	High:68 	High:70 	Good Choice
16	Librarian/Education administration - Education and Training Education Administrators, Librarian, Coordinators	High:67 	Low:35 	Develop
17	Homeopathy - Health Science Homeopathy Doctor, Consultant	High:64 	Low:20 	Develop
18	Politics and International Relationships - Media and Communication Political Advisor, IR Expert	High:64 	High:60 	Good Choice

Career Path

Your Career Paths

Recommendations for you				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
19	Mentor and Coach - Human Service Mentor, Guide	High:63 	Average:50 	Good Choice
20	Sports person - Sports & Physical Activities Sports Person,	High:62 	Average:50 	Good Choice
21	Hospital Management - Health Science Health Information Management, Practice Administrator, Program Manager	High:62 	Average:56 	Good Choice
22	Mass Communication & Journalism - Media and Communication Journalist, Radio Jockey, Media Anchor	High:60 	Very High:80 	Good Choice
23	Optometry - Health Science Optometrist, Ophthalmic, Optician	High:60 	Average:40 	Good Choice
24	Audiologist - Health Science Speech-Language Pathologists	High:60 	Low:20 	Develop

Summary Sheet

Our Career assessment is based on the concept of Correlation theory and various psychometric and statistical models.

Career Personality	Introvert + Judging + Sensing + Feeling
Career Interest	Social + Conventional
Career Motivator	Social Service
Learning Style	Auditory learning
EQ	Emotional Self Awareness + Empathy
Skills & Abilities	Numerical Ability[47%] +Logical Ability[80%] +Verbal Ability[80%] Clerical and Organizing Skills[50%] +Spatial & Visualization Ability[70%] +Leadership & Decision making skills[80%] Social & Co-operation Skills[20%] +Mechanical Abilities[60%] +
Selected Clusters	Human Service+Education and Training+Government Services +Media and Communication
Favourite Career Path	Banking and Related Services